



**SWISS TCM UNI**  
瑞士中医药大学



Universitäres Ambulatorium  
**TCM Ming Dao**  
Medizin · Forschung · Bildung

# 2nd Scientific TCM Conference

Aug. 15th to 18th, 2024  
Bad Zurzach, Switzerland



# From science to clinical practice.

Where traditional wisdom meets modern research.

**Our TCM Conference is a place where experts, practicing physicians, therapists, researchers, students and anyone interested in the ancient wisdom of Traditional Chinese Medicine meets to discuss current research, learn new techniques and make new connections.**

Based on the good experience from the 1st Scientific TCM Conference, we're proud to continue this series in conference format and are pleased to invite you to the 2nd Scientific TCM Conference in Bad Zurzach, Switzerland, held from the 15th to 18th of August 2024.

As in our first conference, the scientific program will address current research findings in TCM and will focus on studies in patients. It is a great opportunity to learn new TCM techniques in practical courses as well as a unique platform for scientific exchange and networking among peers.

Targeted at doctors, therapists, and healthcare practitioners eager to expand their therapeutic horizons, the hands-on weekend courses promise not just an education, but an invitation to those who aspire to transcend traditional treatment paradigms.

## **Join our conference and earn ASA credits!**

We are happy to announce that the Association of Swiss Medical Societies for Acupuncture and Chinese Medicine (ASA) has confirmed that ASA credits can be earned by participating in our TCM Conference as follows:

Thursday/Friday each 6 credits, Saturday/Sunday each 7 credits.

# Worldwide experts, all in one place.

Discover insights from our international speakers during four days of presentations and practice courses.

## *Thursday*

### **Prof. Dr. Michael Furian**

SWISS TCM UNI, Switzerland

### **Dr. Xiaying Wang**

SWISS TCM UNI, Switzerland

### **Prof. DDr. Gerhard Litscher**

SWISS TCM UNI, Switzerland  
Medical University of Graz, Austria

### **Prof. Dr. Tiancheng Xu**

Nanjing University of Chin. Medicine, China

### **Dr. Maja Mičetić**

Institut Ruđer Bošković, Croatia

### **Prof. Dr. Kun-Chan Lan**

National Cheng Kung University, Chinese Taipei

### **Prof. Dr. Ruyao Yao**

Chinese Academy of Medical Sciences, China

### **Fed. dipl. TCM Nina Zhao-Seiler**

ZHAW TCM Garden, Switzerland

### **Dr. Stamatiou Giannoukos**

ETH Zürich, Switzerland

### **Dr. Lili Wu**

Pain Center Quickborn, Germany

### **Prof. Dr. Xi Bin**

Henan University of TCM, China

### **Prof. Dr. Frank Bahr**

SWISS TCM UNI, Switzerland

## *Friday (and practice courses)*

### **Prof. Dr. Guanhu Yang**

University of Ohio, USA

### **Dr. Ruijin Qiu**

University of Liverpool, United Kingdom

### **Prof. Dr. Qinzhong Zhang**

Heilongjiang University of Chinese  
Medicine, China

### **Prof. Dr. Shen-Bin Liu**

Fudan University, China

### **Prof. Dr. Guo-Qing Zheng**

Zhejiang Chinese Medical University, China

### **Dr. Hao Chi**

Southwest Medical University, China

### **Dr. Saroj K. Pradhan**

SWISS TCM UNI, Switzerland

### **Prof. Dr. Andreas Gantenbein**

ZURZACHCare, Switzerland

### **Dr. Jie Pan**

Stanford University School of Medicine, USA

### **Dr. Bonan Chen**

Chin. Univ. of Hong Kong, Hong Kong SAR

### **Dr. Shihua Shi**

University of Basel, Switzerland

### **Prof. Dr. Michael Hammes**

SWISS TCM UNI, Switzerland

## Thursday, 15.08.2024: Presentations

Session	Time	Speaker	Title
<b>1 - TCM Research in Switzerland</b>	08:30-09:00	M. Furian	TCM research activities in Switzerland
	09:00-09:30	X. Wang	Acceptance of the general consent and findings from a satisfaction questionnaire in several Swiss TCM practices
<b>2 - Digital Chinese Medicine and TCM Modernization</b>  <i>Chair:</i> Gerhard Litscher	10:00-10:30	G. Litscher	Digital Chinese Medicine: From acupuncture to algorithms
	10:30-11:00	T. Xu	Intelligent acupuncture robot and its application in neuroendocrinology
	11:00-11:30	M. Mičetić	Mathematical modelling and treatment of Diabetes Mellitus by acupuncture
	11:30-12:00	K. Chan Lan	Robot-assisted laser acupuncture
<b>3 - Herbal Medicine</b>  <i>Chair:</i> Shihua Shi	13:30-14:00	Y. Ruyu	Food and medicine continuum in China: A chronological view on the historical TCM herbs
	14:00-14:30	N. Zhao-Seiler	The TCM herb garden at ZHAW: Bridging study, contemplation and understanding of TCM herbal medicine
	14:30-15:00	S. Giannoukos	Advanced mass spectrometry applications: investigating nutritional insights via breath and skin emanations during cupping therapy
<b>15:00-16:00 Poster walk and discussions</b>			
<b>4 - Oral Presentations</b>  <i>Chair:</i> Michael Furian	16:00-16:30	L. Wu	Socio-psychological aspects of TCM in different countries and cultures
	16:30-17:00	X. Bin	Preliminary consideration of reporting on research in the field of traditional Chinese medicine for treating sleep disorders
	17:00-17:30	F. Bahr	Use of AI in the creation of a lecture and exam questions
<b>17:45-18:30 Conference Advisory Board Meeting (Members only)</b>			

## Friday, 16.08.2024: Presentations

Session	Time	Speaker	Title
<b>5 - Cardiovascular System</b>  <b>Chair:</b> Gerhard Litscher	08:30-09:00	G. Yang	The role of heart-adjusting acupuncture in the prevention and treatment of cardiovascular diseases
	09:00-09:30	R. Qiu	Core outcome sets for myocardial infarction in clinical trials of traditional Chinese medicine and Western medicine
<b>6 - Integrative Medicine in Research and Practice</b>  <b>Chair:</b> Guanhu Yang	10:00-10:30	Q. Zhang	Research status, hotspots and trends of acupuncture and moxibustion in the treatment of Alzheimer's disease
	10:30-11:00	S. Liu	The neuroanatomical basis for physiological modulation by electroacupuncture
	11:00-11:30	G. Zheng	History, theory, methods, systematic review and meta-analysis, experimental study and clinical study of scalp-acupuncture for stroke
	11:30-12:00	H. Chi	Acupuncture therapy on myofascial pain syndrome
<b>7 - Neurology</b>  <b>Chair:</b> Michael Hammes	13:30-14:00	S. K. Pradhan	The hype about Daith piercing for chronic migraine and tension-type headache: Is it really effective?
	14:00-14:30	A. Gantenbein	Using TCM in headache disorders
	14:30-15:00	J. Pan	Transcriptomic profiling of human and mice astrocytes in Alzheimer's disease
<b>15:00-16:00 Poster walk and discussions</b>			
<b>8 - Oral Presentations</b>  <b>Chair:</b> Xiaying Wang	16:00-16:30	B. Chen	Novel therapeutic agent fangchinoline targeting NOX4 effectively alleviates metastasis in non-small cell lung cancer
	16:30-17:00	S. Shi	Global ubiquitination increase is associated with antiviral responses in virally infected primary monocytes
<b>19:00 Gala dinner - Announcement of research prize winner</b>			

## Saturday/Sunday, 17./18.08.2024: 2-Day Clinical Practice Course

Course	Time	Content
<p><b>Healing Beyond Boundaries: Mastering Pain and Internal Disorders with TCM and Acupuncture</b></p> <p><b>Lecturer:</b> Prof. Guanhu Yang</p> <p><b>Course Language:</b> English</p>	09:00-17:00, Saturday & Sunday	<ol style="list-style-type: none"> <li>1. Unveiling TCM Strategies for Conquering Post-COVID-19 Syndrome Dizziness</li> <li>2. Revolutionary Acupuncture Insights for Blood Sugar Control and Peripheral Neuropathy</li> <li>3. Acupuncture Breakthroughs in Acute Myocardial Infarction Care</li> <li>4. Integrating TCM and Modern Pharmacology for Atherosclerosis: Targeting Plaque with Precision</li> <li>5. Harmonizing the Gut: TCM Approaches to Irritable Bowel Syndrome (IBS)</li> <li>6. TCM Wisdom for Chronic Pain and Fibromyalgia Syndrome (FMS): A New Hope</li> <li>7. Navigating Ménière's Disease with TCM Acupuncture: A Path to Balance</li> <li>8. The Art and Science of Acupuncture in Pain Relief: Clinical and Research Perspectives</li> </ol>
<p><b>Die Reservoirs des Wassers: Die Acht Außergewöhnlichen Gefäße mit ihren klinischen Funktionen und Anwendungen</b></p> <p><b>Lecturer:</b> Prof. Michael Hammes</p> <p><b>Course Language:</b> German</p>	09:00-17:00, Saturday & Sunday	<ol style="list-style-type: none"> <li>1. Der Aufbau der Acht Außergewöhnlichen Gefäße (奇經八脈)</li> <li>2. Wesentliche Aspekte der Acht Pforten der Flussaktivierung (Acht Pforten der Verknüpfung mit den Außergew. Pforten 八脈交會穴)</li> <li>3. Abdominelle Testzonen der Außergew. Gefäße</li> <li>4. Erweiternde Aspekte zum Wesen der Acht Außergew. Gefäße in der Autogenese und Individuation des Menschen</li> <li>5. Der Bezug zu den Drei Ebenen</li> <li>6. Spezifika der Pathogenese in den Acht Außergewöhnlichen Gefäßen</li> <li>7. Die wesentlichen Pforten zur Aktivierung der Acht Außergewöhnlichen Gefäße</li> <li>8. Spezifische Korrelate der Störungen in den Acht Außergewöhnlichen Gefäßen</li> <li>9. Fallbeispiele und Übungen</li> </ol>



### How to get there?

Public transport: 1h Taxi: 30min

Contact us for shuttle services!

**Tickets:**  
[www.tcmuni.ch/congress](http://www.tcmuni.ch/congress)



## Organizers



Prof. Dr.  
Yiming Li



Prof. Dr.  
Michael Furian



Dr.  
Xiaying Wang



Dr.  
Xingfang Liu

## Guest-organizers



Prof. Dr.  
Guanhu Yang



Prof. DDr.  
Gerhard Litscher



Dr.  
Shihua Shi

## Our sponsors



## Contact

forschung@tcmuni.ch

## Further information

[www.tcmuni.ch/congress](http://www.tcmuni.ch/congress)