



Universitäres Ambulatorium
TCM Ming Dao
Medizin · Forschung · Bildung



Comparison of two acupuncture methods against chronic low back pain - subjects wanted

For a scientific study we are looking for women & men with diagnosed chronic low back pain aged between 18 and 75 years with a good knowledge of German.

The aim of the study is to evaluate the effectiveness of the Swiss compared to the standard acupuncture method on chronic low back pain in outpatients.

Procedure & scope of the study:

- 50-60 minutes / session
- Total 15 sessions in 9 weeks
- Questionnaire after 3/6 months end of therapy



Benefits:

- Possible pain relief & improvement of quality of life
- Analysis of your individual results
- New findings of acupuncture methods against chronic low back pain



Exclusion criteria: Initiation of new therapy within the last 4 weeks, acupuncture treatment for back pain during the last 6 months, use of cortisone, muscle relaxants or herbal therapy for the treatment of back pain, back surgery, pregnancy, severe concomitant diseases (e.g., cancer, cauda equina syndrome).

Compensation: You will not be compensated for this study. The costs incurred through participation are reimbursed either by the basic insurance (KVG) or supplementary insurance for complementary or alternative medicine (VVG). Since the amount of the contributions of the individual health insurances varies, you must clarify the coverage of the benefits before you start participation.

If you are interested in participating and the above criteria apply to you, please contact Dr. Michael Furian, SWISS TCM UNI, Hauptstrasse 59-61, CH-5330 Bad Zurzach, michael.furian@tcmuni.ch +41 (0) 56 269 66 05.

Contacting us does not oblige you to participate, you will only receive more information about the study.

All your data will be treated confidentially.

Michael Furian, Prof. Dr. sc. ETH, director of the research department of the SWISS TCM UNI