



Swiss TCM Uni
瑞士中医药大学

Sustainability Regulations

These regulations are based on the statutes.

(For simplicity, the masculine form is used throughout the text; the feminine form is included in each case).



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I. Preamble

¹ SWISS TCM UNI anchors the principles of sustainability in its mission statement and in all its areas - teaching & studies, research & promotion of young scientists as well as services.

² SWISS TCM UNI understands sustainable development as the principle of "meeting the needs of the present generation without compromising the ability of future generations to meet their own needs".

³ The basis for this is a life in harmony with nature, which presupposes the protection of the environment, a careful use of natural resources and responsible living and working. In addition to this ecological dimension, it is equally important to consider the social and economic perspectives of sustainable development.

⁴ All these three sustainability dimensions must be taken into account in order to initiate innovative sustainability processes and to be able to maintain them in the long term.

⁵ SWISS TCM UNI creates suitable framework conditions to contribute to sustainable development. The sustainability processes at SWISS TCM UNI are to be understood as continuous development in the sense of a "learning organization" and are guided by the following guidelines.

II. TCM is sustainability

¹ Traditional Chinese Medicine (TCM), which originated in China 3,000 to 4,000 years ago and has been further developed over the centuries, is a comprehensive healing art based on the unity of the human body and mind.

² It is a holistic medicine that aims to maintain health. In China, the concept of the balance of yin and yang permeates not only medicine, but also the way people live. Nutrition, exercise, phytotherapy, acupuncture and massage form the five pillars of TCM. With this knowledge, one tries to strengthen one's life force (Qi) in order to remain physically and mentally healthy.

³ Sustainability is thus the basic principle of Traditional Chinese Medicine.

⁴ Today, conventional medicine and TCM are hardly seen as opposites, but as complementary elements in the sense of integrative medicine. TCM especially promotes people's self-responsibility for their health and a mindful lifestyle.

III. Education for a sustainable development of TCM

¹ SWISS TCM UNI sees teaching & study as a central means for the preservation and further development of the art of TCM healing.

² In this sense, the principles of education for sustainable development are anchored in teaching & studies to enable students to think and act responsibly. Through appropriate study content and formats in all subjects, students should be enabled to acquire sustainability skills.

³ SWISS TCM UNI understands sustainability competence as the ability to recognize, analyse and evaluate economic, social and ecological challenges of the present and the future as well as the willingness and motivation to take responsibility for our future, to pursue goals of sustainable development in the private and professional sphere.

⁴ The teaching and study program will be continuously developed and expanded in this regard.



IV. Research for sustainable development

¹ On the one hand, SWISS TCM UNI supports research on sustainability-related issues that serves to generate systems knowledge (knowledge about interrelationships and mechanisms in ecological and socio-economic systems), target knowledge (knowledge about desirable goals) and transformation knowledge (knowledge to trigger concrete change processes).

² On the other hand, research projects should be oriented to aspects of sustainable development in their objectives and implementation.

³ In the further development of these activities for research for sustainable development, the promotion of young researchers and the qualification of young scientists are also of essential importance.

V. Living sustainability at SWISS TCM UNI

¹ SWISS TCM UNI aims to make teaching sustainable and to create framework conditions for sustainable action.

² The SWISS TCM UNI strives for an environmentally friendly, resource-efficient, family- and gender-just, inclusive, health-promoting and diverse teaching operation. In doing so, SWISS TCM UNI aims to serve as a role model in which a culture of sustainability and an awareness of sustainable action are expressed.

³ SWISS TCM UNI supports and promotes the sustainable career development of all employees and especially of young scientists.

VI. Shared Commitment to Sustainable Development

¹ SWISS TCM UNI believes that a deep sustainability process must be supported by a broad majority of university members.

² A participatory culture, in which all employees and students can get involved and participate in SWISS TCM UNI's own sustainability processes, should also be developed in this area.

³ Corresponding initiatives of university members are encouraged and supported.

VII. Cooperation and networking for sustainable development

¹ SWISS TCM UNI considers networking and cooperation with relevant regional and supra-regional players to be essential for sustainable development.

² SWISS TCM UNI strives to establish sustainability monitoring for itself and the region as part of the annual report. The SWISS TCM UNI explicitly supports sustainability-related cooperation projects within and outside the university.

³ Furthermore, after institutional accreditation, memberships in sustainability networks will be sought in order to deepen an exchange of experience and knowledge on sustainability processes at universities.



VIII. Working Group "Sustainable University"

¹ The SWISS TCM UNI intends to form a working group "Sustainable University".

² This working group, which is open to all members of SWISS TCM UNI - consisting of students, scientific staff, professors and administrative staff - shall have the task of providing impulses for sustainable development at SWISS TCM UNI and making recommendations.

IX. Become effective

¹ These Sustainability Regulations shall become effective on 20.04.2022 University Management of SWISS TCM UNI

Management of SWISS TCM UNI